Pod Mapping: Who's in Your Care Pod?

Transformative justice means practicing and responding with an alternative way of accountability and healing instead of perpetuating more forms of harm through our current systems. By acknowledging oppression as the root of all forms of harm, abuse and assault, transformative justice seeks to provide people who experience violence with immediate safety and long-term healing and reparations while holding people who commit harm accountable within and by their communities.

YOUR POD IS MADE UP OF THE PEOPLE THAT YOU WOULD CALL ON IF:

- Violence, harm or abuse happened to you;
- People that you would call on if you wanted support in taking accountability for violence, harm or abuse that you’ve done;
- You witnessed violence or if someone you care about was being violent or being abused.

People can have multiple pods and may shift over time, as your needs or relationships shift or as people’s geographic location shifts. We encourage people to have conversations with their pod people about pods and transformative justice, as well as to actively grow the number of people in their pod and support each other in doing so. Growing one’s pod is not easy and may take time. In pod work, we measure our successes by the quality of our relationships with one another and we invest in the time it takes to build things like trust, respect, vulnerability, accountability, care and love. Pods is a concrete way to prepare and build resources for transformative justice in our communities.

DIRECTIONS:

1. Write your name in the middle green circle.
2. The surrounding bold-outlined circles are your pod. Write the names of the people who are in your pod. We encourage people to write the names of actual individuals, instead of things such as “my church group” or “my neighbors.”
3. The dotted lines surrounding your pod are people who are “movable.” They are people that could be moved in to your pod, but need a little more work. For example, you might need to build more relationship or trust with them. Or maybe you’ve never had a conversation with them about prisons or sexual violence.
4. The larger circles at the edge of the page are for networks, communities or groups that could be resources for you. It could be your local domestic violence direct service organization, or your cohort in nursing school, or your youth group, or a transformative justice group.

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Sources:
- Philly Stands Up!
- TransformHarm.org
- Bay Area Transformative Justice Collective