

Cov lus noog heev tshaj txog koob tshuaj rau COVID-19

Peb yuav tsum tau sib pab. Peb yim ntxov txhaj tshuaj ces peb yim ntxov tau rov qab los sib koom ua noj ua haus. Cov lus noog no yog ib co uas neeg noog txog heev tshaj.



Q: Kuv puas ki tau COVID-19 los ntawm koob tshuaj?

A: Tsis tau, cov koob tshuaj tsis muaj tus kab mob nyob ra hauv.



Q: Koob tshuaj puas yuav ua rau kuv mob lwm yam?

A: Feem ntau, neeg yeej muab mob lwm yam xws li mob taub hau, ib ce, thiab nkees txog li peb hnuv tom qab. Txoj kev mob lwm yam nos qhia tau hais tias koob tshuaj ua hauj lwm rau koj lub cev lawm.

Q: Yog kuv xav txhaj tshuaj, kuv txhaj puas tsawg koob?

A: Nws nyob ntawm koob ua koj txhaj.

- Koob tshuaj Johnson & Johnson tsuas yog ib koob xwb.
- Koob tshuaj Pfizer yog ob koob. Koob thib ob yog tom qab 21 hnuv.
- Koob tshuaj Moderna yog ob koob. Koob thib ob yog tom qab 28 hnuv.

Q: Cov koob tshuaj noj puas ua hauj lwm zoo thiab zoo rau kuv?

A:

Cov koob tshuaj no ua hauj lwm zoo heev li. Lawv kuj tau muaj sim coob coob leeg ua ntej lawv pub rau pej xeev siv.

- Thaum lawv sim, cov tshuaj tib thaiv tau tus kab mob COVID-19 72 mus rau 95 feem pua thiab ua hauj lub 100 feem pua kom yus tsis txhob mus pw hoos maum los sis tuag vim COVID-19.

Q: Cov tshuaj noj puas yuav pauv tau kuv lub cev?

A: Cov tshuaj no yuav pauv tsis tau koj lub cev vim nws nkag tsis tau rau koj tej roj ntsha.

Q: Yog kuv twb mob COVID-19 lawm, kuv puas tseem mus txhaj tshuaj thiab?

A: Koj yuav tsum mus vim koj yeej tseem muaj feem pua mob tau ib zaug ntxim thiab tej zaum nws tseem mob heev tshaj thawj thawj zaug.

Q: Kuv puas tseem tau looj mask npog qhov tswg thiab nyob deb ntawm tib neeg?

A: Thaum koj tawm rooj los koj nrog neeg uas tsis nyob hauv koj lus tsev, koj yuav tsum.

- Koj tsis tau looj mask npog qhov tswg thiab nyob deb ntawm tib neeg yog hais tias koj nrog cov neeg nyob hauv koj lub tsev los sis koj nrog neeg uas tsis muaj mob loj ua ntej lawm.
- Yog hais tias koj nrog neeg uas twb txhaj tshuaj tag lawm thiab, nej tsis tau looj mask npog qhov tswg thiab nyob nrug deb lawm.

Q: Tom qab kuv txhaj tshuaj, thaum twg mam li yuav tiv thaiv tau kuv (fully vaccinated)

A: Koj yuav yog (fully vaccinated) los sis muaj tshuaj tiv thaiv koj tom qab 2 week los sis 14 hnuv tom qab koj koob thib ob Moderna los Pfizer los koj ib koob Johnson & Johnson.

Q: Kuv yuav mus txhaj tshuaj qhov twg?

A: Yog koj nyob hauv Minnesota:

- Minnesota Department of Health
mn.gov/covid19/vaccine
- City of Minneapolis Vaccine Resource Hub
www2.minneapolismn.gov/coronavirus/vaccines
- Free COVID-19 Vaccines in Minneapolis
www.tinyurl.com/mplsvax