GET VAXXED, GET TOGETHER.

Getting vaccinated is collective care. The faster we get vaccinated, the faster we can gather together.
BREAKING DOWN THE TRUTH ABOUT COVID-19 VACCINES

GET VAXXED, GET TOGETHER.
"I hear the side effects from COVID-19 vaccine are bad!"

Vaccines are the best way to slow down the spread of any contagious virus. Pfizer, Moderna, and Johnson & Johnson COVID-19 vaccines were approved by CDC and FDA for the general public in the United States. With any vaccine, there will be side effects but it does not mean it’s unsafe or ineffective. Side effects signal to our bodies that our immune systems are working and strengthening their defense systems to fight against the virus. There are no serious or harmful long term side effects related to getting vaccinated.
HAVING COVID19 VS GETTING VACCINATED

GET VAXXED, GET TOGETHER.
Getting COVID-19

Long-term effects can last weeks to months after infection

- Loss of smell or taste
- Shortness of breath and cough
- Tiredness and fatigue
- Possibility of hospitalization

Getting Vaccinated

Temporary side effects for up to three days

- Headache, chills, pain at injection site, and fatigue
- Able to gather with family and friends two weeks after last vaccine dose
- Protecting yourself and your loved ones

Get Vaxxed, Get Together.
TAKE THE VACCINE SHOT = BE TOGETHER AGAIN.

Getting vaccinated is easy, but dealing with COVID-19 is even harder. Having side effects from the COVID-19 vaccine are temporary, while contracting COVID-19 could be worse, from hospitalization to even death.
“Overall Asian Minnesotans make up 5% of the population, yet they represent 6% of all COVID-19 hospitalizations and 8% of COVID-19 ICU cases. This data is even more glaring when we disaggregate the information at the local level.”

The growing number of community members being hospitalized point to its impact on Asian Minnesotans, who are increasingly at risk of getting COVID19. Protect yourselves and your loved ones by getting vaccinated, so you can be there for them tomorrow.